

## Evaluation of the regional psychiatry budget in the district Dithmarschen

### Summary:

The psychiatric and psychotherapeutic inpatient care for the approximately 135,000 residents of the rural district Dithmarschen is provided by the only hospital of the region, the department of psychiatry at the Westküstenklinikum Heide. The hospital is committed to a social psychiatric treatment concept and provides psychiatric care by avoiding inpatient stay and offering treatment in day care facilities and walk-in clinics, combined with home treatment if necessary, long-term social support services and continuous therapeutic relationships. The stable capitation by a Regional Psychiatry Budget (RPB) allows for individual concepts of integrated care because the hospital is independent of the traditional reimbursement by bed occupancy.

The study aims to evaluate any change in the psychiatric health status of the patients in the region of Dithmarschen who were included in the RPB. Using administrative data generated by the hospital, and the basic patient documentation of the psychiatric department, the analysis of selected quality indicators should clarify whether the introduction of a RPB would change the treatment results of patients as well as the staff and employee related parameters.

---

*Principal investigator:*

Berghöfer, MD

*Project coordinator:*

*Research associate:*

Hubmann

Fischer, PhD

*Data management:*

Stasun

*Project coordination office:*

*Project duration:*

2015

*Project status:*

publication phase

*Funding:*

Janssen-Cilag

---

*Publication:*